



New Jersey Association of
Kindergarten Educators
N.J.A.K.E



Winter Workshop

Emotional Regulation and Coping Skills:

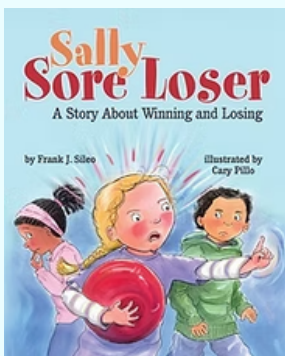
Strategies to help young children identify and
manage intense emotions

Presented by Dr. Frank J. Sileo, founder and executive director of the
Center for Psychological Enhancement, LLC., and award-winning
author of numerous children's books.

Thursday, January 15th, 2026

7:30 pm – 8:30 pm via Zoom

1 PD Hour



FRANK J. SILEO, PhD

Licensed Psychologist (NJ #3678)

Award-Winning Author, National
Speaker

<https://www.drfranksileo.com/>

Click here to register

